



WAYNE STATE  
UNIVERSITY

## Center for Urban Studies

# Community Advocacy Project

**Have you been in an abusive relationship in the last year? Are you struggling with getting your life back after a violent relationship? Do you feel like you don't know what to do anymore?**

If you've been in an abusive relationship these thoughts and feelings are common. Most people who survive an abusive relationship and get away have a hard time recovering. But there is help.

The Community Advocacy Project (CAP) through the Center for Urban Studies is a new project designed to support people who have been in an abusive relationship and want to move forward and live violence-free. CAP is a 10-week project with an advocate assigned to work with you on the priorities you identify.

### **What Does a CAP Advocate Do?**

- Meet with you weekly up to 8-hours. They work around your schedule so you can decide when you want to meet and the time that works best for you.
- Come to your home or meet where you are most comfortable.
- CAP Advocates are knowledgeable about Detroit and can help you connect to resources or find services that can address your unmet needs.
- CAP Advocates will help you shape plans for long and short-term goals. Maybe you want to complete your GED or get your child enrolled in Headstart, you will have a CAP Advocate by your side to aide you when needed.
- CAP Advocates can help you think through things or provide information. Maybe you are concerned about a custody order or your credit report is preventing you from getting housing, CAP Advocates have skills that can navigate "systems" if needed.
- CAP Advocates will listen to you, they understand that this is a difficult time and you may not be feeling your best self. CAP Advocates will encourage you through the hard things so you can be your "best self."

**Would you like a CAP Advocate? There is a CAP Advocate ready to help, call now.**

**Contact:** Paula Callen, CAP Coordinator, 313-577-7969 or **Email:** [dr2019@wayne.edu](mailto:dr2019@wayne.edu)

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