



WAYNE STATE
UNIVERSITY

Center for Urban Studies

Community Advocacy Project

Have you been in an abusive relationship in the last year? Are you struggling with getting your life back after a violent relationship? Do you feel like you don't know what to do anymore?

If you've been in an abusive relationship these thoughts and feelings are common. Most people who survive an abusive relationship and get away have a hard time recovering. But there is help.

The Community Advocacy Project (CAP) through the Center for Urban Studies is a new project designed to support people who have been in an abusive relationship and want to move forward and live violence-free. CAP is a 10-week project with an advocate assigned to work with you on the priorities you identify.

What Does a CAP Advocate Do?

- Meet with you weekly up to 8-hours. They work around your schedule so you can decide when you want to meet and the time that works best for you.
- Come to your home or meet where you are most comfortable.
- CAP Advocates are knowledgeable about Detroit and can help you connect to resources or find services that can address your unmet needs.
- CAP Advocates will help you shape plans for long and short-term goals. Maybe you want to complete your GED or get your child enrolled in Headstart, you will have a CAP Advocate by your side to aide you when needed.
- CAP Advocates can help you think through things or provide information. Maybe you are concerned about a custody order or your credit report is preventing you from getting housing, CAP Advocates have skills that can navigate "systems" if needed.
- CAP Advocates will listen to you, they understand that this is a difficult time and you may not be feeling your best self. CAP Advocates will encourage you through the hard things so you can be your "best self."

Would you like a CAP Advocate? There is a CAP Advocate ready to help, call now.

Contact: Paula Callen, CAP Coordinator, 313-577-7969 or **Email:** dr2019@wayne.edu

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