

R.A.D.

RAPE AGGRESSION DEFENSE



SELF DEFENSE IS FOR EVERYONE

Come out to see and participate in some self defense strategies that can help you be safe!

The cornerstone of RAD Systems, this course has its foundations in education and awareness training.

Learn how to effectively use the 10 "personal weapons" you have on your person at all times. These "personal weapons" can not be taken away from you, and they can not be used against you.

Learn how to use these tools effectively and efficiently to defeat an assailant — even someone physically larger or stronger than you.

MONDAY, FEBRUARY 26, 2024

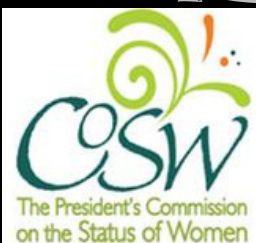
12 - 1 PM

STUDENT CENTER - HILBERRY A

RSVP:



[HTTPS://QFREEACCOUNTSSJC1.AZ1.QUALTRICS.COM/JFE/FORM/SV_4ZWGI6889BAJSXS](https://qfreeaccountssjc1.az1.qualtrics.com/jfe/form/sv_4zwgi6889bajsxs)



COSW is dedicated to the empowerment of all Wayne State University women, regardless of age, race, color, ethnicity, creed, ability, socio-economic status, assigned gender at birth, sexual orientation, and/or citizenship status.