

**GREAT  
GIVEAWAYS!**



**TWO PART SERIES** PRESENTED BY  
THE COSW CAREER DEVELOPMENT,  
GENDER & EQUITY, AND HEALTH &  
WELLNESS COMMITTEES

## **PAUSE & REFLECT: TRANSITIONING BACK TO "NORMAL"**

SEPTEMBER 10, 2021 | 12:00 PM

DISCUSSION ON GOING BACK TO CAMPUS AND COPING WITH  
THE UNCERTAINTY MANY ARE FEELING WITH THIS RETURN.

STEPHANIE KASTELY, PHD, LPC FROM CAPS



## **LESSONS FROM A PANDEMIC**

SEPTEMBER 17, 2021 | 12:00 PM

DISCUSSION ON THE IMPACT OF THE PANDEMIC AND HOW WE  
MOVE FORWARD.

JULIE CREGO, SENIOR HR CONSULTANT, COSW HEALTH &  
WELLNESS CHAIR



Join us virtually for both or just one of these sessions to  
discuss coming back to campus and flexible work  
arrangements.

**RSVP: <https://coswtwopartseries.eventbrite.com>**

Please RSVP for both dates if you plan on attending both sessions  
(the Zoom link will remain the same for both though).